

Summer 2017

NEWSLETTER



Announcement of PrEP Trial in SA

The SAMESH team was invited, along with other organisations working with people living with HIV, to attend a breakfast at Parliament House on World AIDS Day, December 1. There, it was officially announced that the South Australian government was committed to delivering a PrEP (Pre-Exposure Prophylaxis) trial in the state. This is welcome news for the community who have been advocating for a South Australian PrEP trial for some time. So far, no details on when or how the trial will be delivered have been released. To stay up-to-date on the PrEP trial, follow SAMESH on Facebook: www.facebook.com/samesh.org.au/



World AIDS Day Breakfast at parliament house

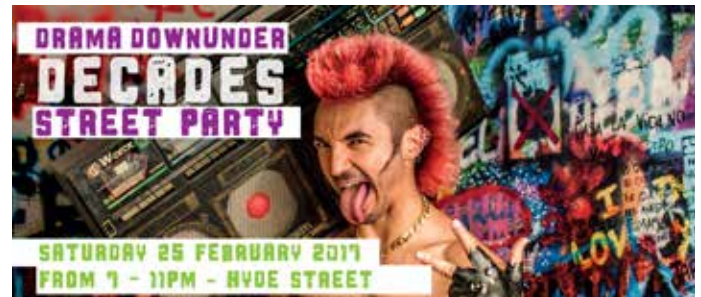
World AIDS Day 2016 BBQ

SAMESH, in partnership with a number of other programs and organisations, held a World AIDS Day BBQ in Hindmarsh Square. This was a great opportunity for us to engage with and educate our community as well as commemorate those who have passed.

A big thank you to all staff and volunteers who helped make the day possible and cooked a massive 500 sausages. Also, a big shout out to the community and people of Adelaide who came and showed their support on the day.



DDU Decades Launch Party



To kick off the launch of our new Drama Downunder "Decades" campaign, SAMESH is hosting a party right here in Hyde Street with a local line-up of artists and performers to keep you entertained. The whole event will be hosted by the incomparable Vonni, featuring a parade of fashion from the 50s, 60s, 70s and 80s modelled by spectacular drag performers. For your musical entertainment, we will have performances by Electric Fields and an amazing set by DJ lush to carry us out till 11pm.

Our friends across the street at Raj House, FEAST Bar, will also open their doors and will be hosting a pre-event screening of *Drag Becomes Him* – an intimate documentary about internationally acclaimed drag performer Jinx Monsoon.

The Drama Downunder, "Decades" campaign is a HIV and STI campaign targeted at men who have sex with men, encouraging them to have regular sexual health check-ups. SAMESH has worked with APN advertising to have this campaign feature on buses, trains, and billboards across Adelaide for the year. If you see our posters out in the wild we'd love to see an on-location shot #DDUinSA on Facebook(SAMESH.org.au), Twitter (@_samesh_) and Instagram(@samesh.org.au).

DDU Decades Street Party

When: Saturday 25 February 2017

Time: 7 pm – 11 pm (FEAST Bar movie screening at 5.30pm)

Where: Hyde Street, Adelaide CBD (between Pirie & Flinders Streets)

Cost: FREE

Training by SAMESH



SAMESH offers a range of training and education courses for community members, groups and organisations. These are delivered by the team at SAMESH, who ensure all information is up-to-date with the latest findings and peer review studies.

Our training and education about HIV can cover the following topics: statistics, appropriate language, HIV and the law, HIV/STI transmission, prevention, sexual health testing, treatment, stigma & discrimination, biomedical prevention - such as PEP (post-exposure prophylaxis), PrEP (pre-exposure prophylaxis) & undetectable viral load (UVL).

This type of training can help improve your understanding of HIV as well as recent advances made in research, treatment and prevention. Previous participants reported having more confidence to discuss HIV-related topics, to negotiate safe sex, to dispel myths, to combat stigma within their wider social and work groups.

We are happy to work with you to tailor our programs for different cultural groups and levels of knowledge to ensure everyone gets the most out of attending. Unfortunately, due to the content of our training, we are unable to present to schools or groups under eighteen years old.

Contact SAMESH on (08) 7099 5300 and ask to speak with someone about organising a training session for your community group, organisation or team.



Community Partnerships



Gerry Ebert - South Australian Leatherman

Mr Leather Competition

SAMESH is sponsoring Gerry Ebert as the South Australian representative in the first Mr Australian Leatherman competition in 2017.

Gerry has lived in Adelaide for the last five years and is heavily involved with the gay community, particularly the Bear Men of Adelaide and the Adelaide Leathermen Group.

He hopes his representation of South Australia at this event will raise the profile of our LGBTIQ community and Adelaide's leather community.

Gerry is also a supporter of *beyondblue*. In addition to fundraising, Gerry has participated in online mentoring by sharing his stories of battling depression and anxiety while growing up and coming out.

We wish Gerry the best of luck!

Art Exhibition for LGBTIQ Multicultural Communities

57 Hyde street will be working with an Afghani artist to host an art exhibition in March, which focuses on same-sex attracted love in a culture than prohibits same-sex relationships.

FTMen SA

SAMESH has worked in collaboration with a group of transmen to establish a safe meeting space for the FTMen SA group at 57 Hyde Street. We are in discussions with members to develop culturally appropriate resources to help transmen to look after their sexual health.

The Spikers

SAMESH continues its sponsorship and encouragement for LGBTIQ teams by supporting the Adelaide Spikers. It was fantastic to see them at the National Volleyball Competition during FEAST Festival in 2016. Good luck in 2017!

Queer Gamers

We're excited to continue hosting Queer Gamers, a social group for multicultural community members aged 18-30 to meet up for board games and friendly chats. The organising committee met at Hyde Street recently to plan their activities for 2017. We wish them the best of luck and can't wait to see what's in store this year.

SAMESH on Campus at UniSA O'Week



Dan and Janiece at O'Week 2016

Our Volunteer Coordinator, Dan, will be attending UniSA O'Week representing SAMESH with a team of volunteers to promote SAMESH and our services at 57 Hyde Street and SHine SA.

If you're a current UniSA student and considered volunteering for SAMESH, now is the perfect time to sign up and find out what you can do as a SAMESH volunteer.

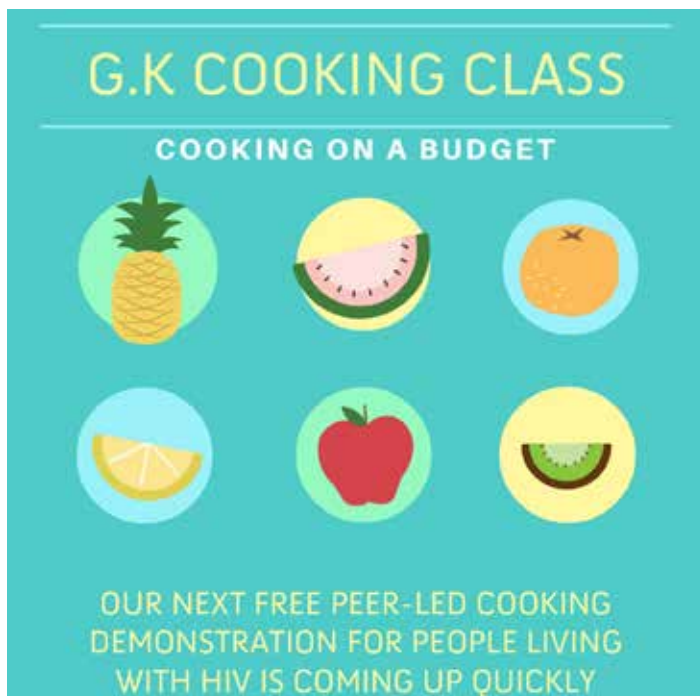
To become a volunteer please visit www.samesh.org.au/volunteer or call our volunteer coordinator at (08) 7099 5300

GK's Cooking Classes Continue in 2017

Our cooking classes for people living with HIV continue in 2017 will be held at 57 Hyde Street.

These classes are peer-led and are designed to show how to create healthy and tasty meals on a budget. The chef will discuss his own life experiences and demonstrate easy food preparation techniques that can be done at home.

If you're interested in taking part in our classes, please call SAMESH on (08) 7099 5300 to register your interest.



GP on Hyde, a New LGBTIQ Friendly Practice

If you are looking for a doctor in the city centre and prefer a small and friendly practice, consider GP on Hyde. GP on Hyde is an affordable and non-judgemental full-service general practice, operated by SHine SA, and is open to all members of the community, including current clients of other services being offered at 57 Hyde Street.

Consultations are by appointment only and are available Monday – Friday.

Bulk-billing is available to healthcare card holders and children under 16 years of age (meaning appointment costs will be covered by Medicare). Student discounts are also available when presenting a valid student identification card.

For other clients, a \$30 gap fee applies to appointments.

You can contact GP on Hyde at:

(08) 7099 5320

57 Hyde Street, Adelaide (between Pirie and Flinders streets)

Opening times:

Monday & Friday: 8 am – 4 pm

Tuesday, Wednesday & Thursday: 9 am – 5 pm

Meet our New GP: Dr Adeola Akadari

We are excited to have Dr Adeola Akadari become part of the expanding services at 57 Hyde Street.

Dr Akadari graduated from the Royal College of Surgeons in Ireland in 2003. She relocated to Australia seeking adventure and to complete her postgraduate training in 2006. Since moving to Australia, she has worked at John Hunter Hospital (Newcastle), Monash Health, and Royal Melbourne Hospital. Dr Akadari did her general practice training in Gippsland, Victoria in 2012. She relocated to Adelaide to discover what she calls "Australia's best kept secret".

Adeola believes in a collaborative approach to patient care and encourages patients to take an active role in their health care.

Her special interests include:

- * Mental health
- * Paediatrics
- * Chronic disease management
- * Minor surgical procedures
- * Women's health
- * Implanon insertion
- * Preventative medicine
- * Travel medicine
- * Medical education

Adeola's interests outside of medicine include: travelling, reading, listening to music, discovering restaurants that serve spicy food, and dancing.



World AIDS Day BBQ 2017 - Photo Credit Robert Knapman

